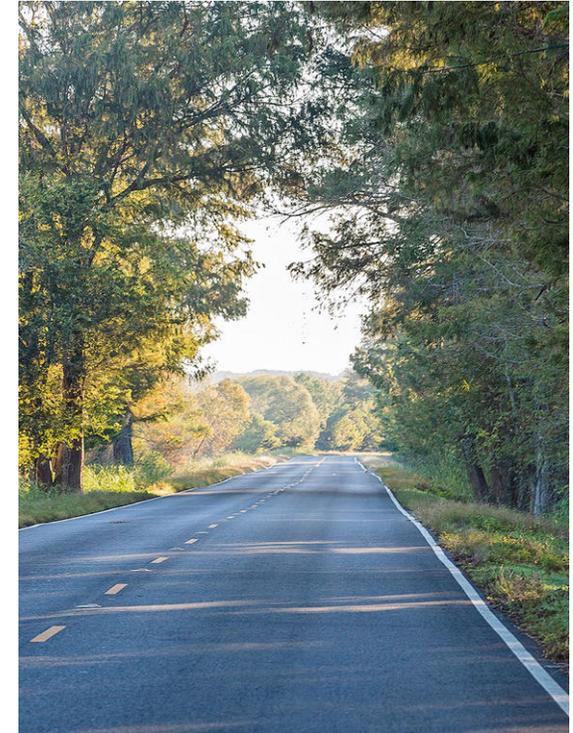


The Journey

May 25-31, 2024



A week-long, 300 mile
Bicycle Ride
Sponsored by:
United Women in Faith of
First United Methodist
Church DeRidder

All Donations go towards UWF's
Missions Projects:

Please write out checks to FUMC, and
Designate in the Memo:
UWF Missions

MISSION PROJECTS THAT WILL BENEFIT
FROM "THE JOURNEY"
BICYCLE RIDE

Local

June Jenkins Women's Shelter

God's Food Box

Christian Women's Job Corps

Agape Community Clinic

Methodist Children's Home

Pastor's Discretionary Fund (FUMC)

Missions Fund (FUMC)

State & National Missions

Dulac Community Center

UMCOR - Sager Brown Depot

Uskichitto Retreat Center

Global Missions

Cambodian Missions



Most of our daily rides will begin in
DeRidder, La at First United
Methodist Church(FUMC). We will
remain flexible with the daily routes to
optimize the current weather
conditions. Some of the destinations
on the ride are the beneficiaries of
The Journey, while other routes will
have a point of interest. Our vehicle
support will transport you and your
bicycle back to FUMC when needed.

Destinations:

*Methodist Children's Home
Sulphur, LA

*Uskichitto Retreat Center
LeBlanc, LA

~ Merryville Museum
Merryville, LA

~ Kisatchie National Forest

~ Paradise Farm

Near Pitkin, LA

~ Cameron Prairie Scenic Ride,
Calcasieu Point Park, Lake Charles
to Holly Beach on the Gulf of Mexico

~Going Rogue Farm
Near Longville, LA

FIRST UNITED METHODIST CHURCH

406 SHIRLEY ST. • DERIDDER, LA 70634 • 337.463.4491

WWW.FUMCDERIDDER.ORG • INFO@FUMCDERIDDER.ORG

Central to DeRidder, Centered in Christ
Our Mission is to Grow and Serve in Christ



A Typical Bike Ride Day

The day begins in early morning at a designated area. Safety is a priority so we check our bikes, tire pressure, brakes, and blinking lights.

There is at least one support vehicle (truck), that will have an ice chest, cold beverages, snacks, tools, etc. If any rider has a mechanical problem or feels the need to rest, the support truck is never far away.

Most of the riding is on highways with shoulders, but there would be some sections without shoulders. The option to ride in the truck to avoid various areas will be provided.

Depending on the group and its needs, two vehicles may be available with one as a lead and the other as a sweeper.

Flexibility is vital for a 300 mile journey. Each rider will have different abilities and needs, therefore we will do our very best to insure that everyone is safe and has fun.



What each rider should provide

- A Bicycle in very good mechanical condition and fits the rider very well. A road bike is the best options for long miles, but any bicycle will do. Ask us questions about your bike
- Well-fitting helmet. No Exceptions!
- Refillable water bottles
- Blinking rear light, front light is a plus
- Positive attitude and flexibility

What we will provide

- A support vehicle with tire pumps
- Snacks
- Basic tools
- A couple of tubes
- Never ending supply of water
- Sunscreen
- Bike rack
- A ton of people praying for you!

What May be available (Just ask)

- A bicycle to use
- Helmet
- Refillable water bottle
- High visibility vest

Please help us plan The Journey by indicating your interest and your ideas. Registration is free
@ <https://fumcderidder.org/>
The sooner the better.
Let's ride!!

